

**PROGRESS REPORT FOR RESIDENTIAL CARE – WESTERN CAPE  
APRIL TO SEPTEMBER 09**

**1. STATISTICS**

Activity	Hospice			Sanctuary			Macassar Haven		
	Apr	May	June	Apr	May	June	Apr	May	June
No of admission	3	2	2	0	3	1	1	1	0
No of discharges	1	11	3	0	3	0	3	1	0
Deaths	1	1	1	0	0	0	0	0	0
On ARV	11	11	10	2	2	3	1	0	0
Palliative Care	11	11	10	2	2	3	1	0	0
Place of Safety	18	17	14	9	12	11	12	11	12
Reunification	1	1	1	0	1	0	0	1	0
Transfer to other institutions	0	0	0	0	0	2	0	0	0
On TB treatment	9	9	6	4	5	5	0	0	2

Activity	Hospice			Sanctuary			Macassar Haven		
	July	Aug	Sept	July	Aug	Sept	July	Aug	Sept
No of admission	5	5	5	3	2	3	2	1	1
No of discharges	1	7	2	1	1	3	2	0	6
Deaths	0	0	0	0	0	0	0	0	0
On ARV	12	12	13	2	3	3	0	0	0
Palliative Care	13	13	13	2	4	4	0	0	0
Place of Safety	8	12	10	8	9	11	12	11	12
Reunification	1	3	2	1	1	2	1	0	0
Transfer to other institutions	0	0	0	0	0	1	1	0	0
On TB	2	2	2	4	4	4	2	1	1

## 2. ACHIEVEMENTS AND CHALLENGES

Objective	Achievements	Challenges
Psychosocial intervention	<ul style="list-style-type: none"> <li>- In May the clinically well two-year olds were moved from hospice to the recently opened sanctuary to free up beds for sick children. These toddlers have adapted well to their new environment. In particular we have noted an improvement in language skills, as they are now interacting with older children.</li> <li>- There has also been an improvement in their behaviour as we have implemented the assertive discipline programme.</li> <li>- Thirty four children were discharged in the past two months, although one of these children had to be readmitted.</li> </ul>	<ul style="list-style-type: none"> <li>- Ensuring consistency amongst the shifts, particularly with implementing the assertive discipline programme.</li> <li>- There are some language barriers when Xhosa children are admitted as not enough of the staff speak Xhosa.</li> <li>- It remains difficult to find placements for older children – there are often not foster parents or family available and children’s homes have waiting lists.</li> </ul>
Health Care	<ul style="list-style-type: none"> <li>- In February this year a child suffering from severe malnutrition was admitted to hospice. On admission her weighed 6.3 kg, but was able to be returned back to his family in June weighing 9.7 kg.</li> <li>- We admitted a two-year old boy with milinary TB and severe swollen glands which caused breathing difficulties. He also has marasmic kwashiorkor. On admission he weighed 7 kg but after two weeks has increased to 7,8 kg. The swelling in his neck has gone down and his breathing has improved.</li> <li>- One month old premature twins were admitted weighing 1,9 kg and 2,3 kg. After two weeks their weight increased to 2,3 kg and 2,9 kg. They were on AZT prophylactic treatment and after six weeks both tested negative.</li> <li>- We admitted a baby who was born as his mother was on her way to Cotlands. He tested positive for syphilis but has been successfully treated for this.</li> <li>- Eighteen children attended the immunisation clinic.</li> </ul>	<ul style="list-style-type: none"> <li>- We are still struggling to control diarrhoea outbreaks so are retraining all the staff in infection control and managing diarrhoea.</li> <li>- An ongoing challenge in achieving a high standard of palliative care is to execute the interdisciplinary planning for each child. We experience difficulty in getting all the team members to update their part of the holistic care plan for each child as it is very time consuming.</li> </ul>

	<ul style="list-style-type: none"> <li>- Thirty three children attended the IDC clinic (Infectious disease clinic) at Cotlands</li> <li>- On average 33 children are seen by the medical doctor at Cotlands every month.</li> </ul>	
Education	<ul style="list-style-type: none"> <li>- We have implemented formal stimulation programmes in hospice and sanctuary. This has led to an improvement in the children's behaviour as they are kept busy for most of the day with a variety of activities.</li> <li>- Currently we have 8 children attending school with one child in grade 8; one in grade 7, three in grade 4, one in grade 3 and one in grade 2.</li> <li>- Six children are taking part in the Tina Cowley reading programme, which is sponsored by the centre. They are extending their support by installing computers at Macassar Haven so that the children can do extra work at home.</li> <li>- The registration forms for Cotlands ECD centre have been submitted to the Department of Social Development</li> </ul>	<ul style="list-style-type: none"> <li>- We need to constantly supervise the implementation of the stimulation programme amongst the different shifts and departments, so have developed a check list to assist with monitoring.</li> <li>- Many of the children admitted to Cotlands have foetal alcohol syndrome or ADHD, which in addition to early lack of stimulation compounds learning problems.</li> <li>- The range of school grades that the children are in does complicate homework supervision.</li> </ul>
Sustainability (Capacity Building)	<ul style="list-style-type: none"> <li>- Twelve mothers have been accommodated in our mothers' room over the past six months. They received training on HIV/AIDS, nutrition, treating minor ailments, TB and family planning.</li> <li>- One of the mother's employers also received the training as she has offered to support the mother and child in future with meals and accommodation.</li> </ul>	<ul style="list-style-type: none"> <li>- If the primary caregiver is in denial she first has to receive counselling before she can be trained. In these cases she is also assisted in disclosing her status to her family.</li> <li>- Some primary caregivers do not visit their children after they have been placed at Cotlands and often there whereabouts are unknown.</li> </ul>