

**PROGRESS REPORT FOR COTLANDS HOME BASED CARE – WESTERN CAPE  
APRIL TO SEPTEMBER 2009**

**1. STATISTICS**

<b>Activity</b>	<b>April</b>	<b>May</b>	<b>June</b>	<b>July</b>	<b>Aug</b>	<b>Sept</b>
Total number of patients	47	49	51	53	53	56
No of new admission to HBC	0	2	2	2	0	3
No of referrals from Cotlands	0	0	1	1	0	0
No of referrals from clinics/hospitals	0	2	1	1	2	3
On ARV	44	45	48	46	46	51
On TB	6	6	5	7	7	5
Deaths - child	0	0	0	0	0	0
Deaths parents	0	0	1	0	0	1

**2. ACHIEVEMENTS AND CHALLENGES**

<b>Objective</b>	<b>Achievements</b>	<b>Challenges</b>
Psychosocial intervention	- Caregivers receive regular visits from the HBC worker and nurse during which they are counseled about the importance of adherence to ART regimes. They are also made aware that failure to comply reduces treatment options for their children.	- Many factors contribute to poor compliance, and in impoverished communities social factors play a significant role, as does poverty, unemployment, inadequate housing and malnutrition. .
Health Care	- Adherence has remained good over the past two months and all the children are still on the first treatment regime.	
Education	- This project does not yet have an education	- Due to the impact of HIV on the neurological

Objective	Achievements	Challenges
Sustainability	<p>component.</p> <p>- 57 families were assisted with food, cloths and toys.</p>	<p>development of children, we have realized that providing medical care and follow ups is not enough. We need to start offering support groups for primary caregivers and stimulation programs for children as well if we aim to offer a comprehensive service.</p> <ul style="list-style-type: none"> <li>- Socioeconomic factors such as poverty, unemployment, single parents and alcoholism mean that most of the children do not attend ECD. This exacerbates developmental delays.</li> <li>- There is a big need for income generation projects to be initiated for our client base.</li> </ul>